



## WELCOME TO KINDERGARTEN 1

Dear Kindergarten 1 Parents,

Our program looks a bit different because of the Covid-19 pandemic. We will be setting up activities in the classroom with all Toronto Public Health Guidelines in place to allow for social distancing and safe engagement in play. Though these measures are in place it will not take away from your children's experience with us as we are still ensuring a program that is geared towards your child's growth, development, individual interests and with their holistic well being.

### Covid Changes

- Each child will need to complete their daily, screening questions before entrance to the center
- Children are required to wear a mask inside the classroom and outdoors. Please make sure to provide enough masks for your child each day (at least two masks each day) so that they can be changed when visibly soiled/ as needed.
- No home items allowed (i.e, toys)

### HiMama App/Program Plan



The Covid pandemic has made physical distancing a new normal, making it quite difficult to communicate on a face to face basis at pick up and drop off. We would like to encourage you to utilize the **HiMama app** as it is a great tool for us to keep you informed and up to date.

We will post all of the program plans, with daily, planned activities and send you pictures through this app. We have been planning a wide variety of activities and we encourage all our children to participate. We have many activities that are sensory based to help encourage their curiosity and inquisition. We also have creative activities to help fuel their imagination. We have

open based activities that encourage students to share what they would like to do, we find that this helps with building social and teambuilding skills as they all agree on an activity they would like to do together. In addition, this app also can be a platform to communicate with us; you can send your questions or concerns in a message and we will reply as soon as we can.

### Things to bring seasonally:

Please make sure your child is dressed appropriately for all weather. We spend a good portion of our program outside everyday and we would like to ensure the comfort and safety of our students. Please provide a change of clothing and extra gloves, mitts, socks etc. Just in case of an accident, visible soiling or to change into dry clothing articles.

<div>Fall/Winter</div> <div></div>	<ul style="list-style-type: none"><li>● Hat</li><li>● Mitts</li><li>● Jacket</li><li>● Indoor &amp; Outdoor Shoes</li><li>● Winter Boots</li><li>● Snow Pants</li><li>● Water Bottle</li></ul>
<div>Spring/Summer</div> <div></div>	<ul style="list-style-type: none"><li>● Water Bottle</li><li>● Sunscreen</li><li>● Rain Gear</li><li>● Indoor/Outdoor Shoes</li></ul>

If you have any questions or concerns feel free to use HiMama to contact us!

**Lu and Angelika**

## INSTRUCTIONAL DAY- SCHEDULE

### Before School Program

7:00-7:30	Clean and disinfect, set up activities
7:30-8:20	Snack is served/free play/planned activities
8:20-8:30	Children begin tidying, washroom routine, get ready for outside, staff clean and disinfect the classroom
8:30-8:45	Outdoor play (weather permitting)
8:45-8:55	Children line up at the door
8:55	School begins

### After School Program

2:45-3:10	Clean and disinfect the classroom, set up activities and snacks
3:10-3:25	Washroom routine and wash hand
3:25-45	Circle time: read a book, sing a song, or have a discussion
3:45-4:05	Snack time
4:05-4:40	Free play (include planning activities)
4:40-4:55	Washroom routine/sunscreen cream/clean up/get ready for outside.
4:55-5:30	Outdoor free play (weather permit)
5:30-6:00	Clean and disinfect classroom, and make a program planning

## NON-INSTRUCTIONAL DAY- SCHEDULE

7:00-7:30	Clean and disinfect the classroom, set up activities
7:30-8:30	Snack is served/free play/planned activities
8:30-8:45	Tidy up and washroom routine
8:45-9:00	Circle time: read a book, sing a song, or have a discussion
9:00-9:10	Get ready for outdoor play
9:10-10:00	Outdoor play (weather permitting)
10:00-11:00	Indoor play:free play/emergent/planned activities
11:00-11:15	Begin tidying up activities, wash hands, and have a story read at carpet while lunch is set up
11:15-12:00	Lunch time
12:00-1:00	Quiet time:quite activities (whiteboards, puzzles,and art etc)
1:00-2:15	Indoor play:free play/emergent/planned activities
2:15-2:30	Tidy up and washroom routine
2:30-2:45	Get ready for outdoor play
2:45-3:45	Outdoor play (weather permitting)
3:45-4:15	Wash hand and snack time
4:15-4:30	Circle time: read a book, sing a song, or have a discussion
4:30-5:20	Indoor play:free play/emergent/planned activities
5:20-5:30	Children clean up, pack up, and home time!
5:30-6:00	Clean and disinfect classroom, and make a program planning